



GOVERNMENT COLLEGE OF EDUCATION

SECTOR-20D, CHANDIGARH

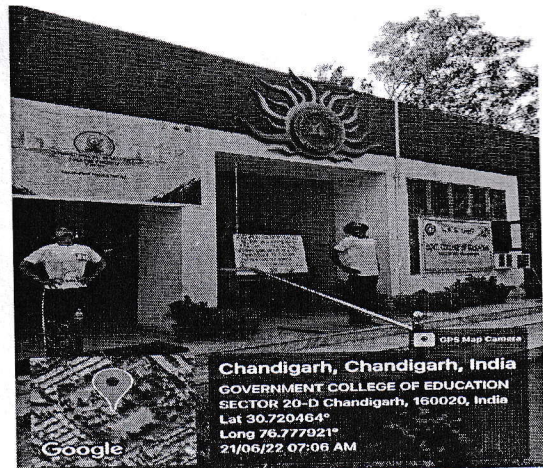
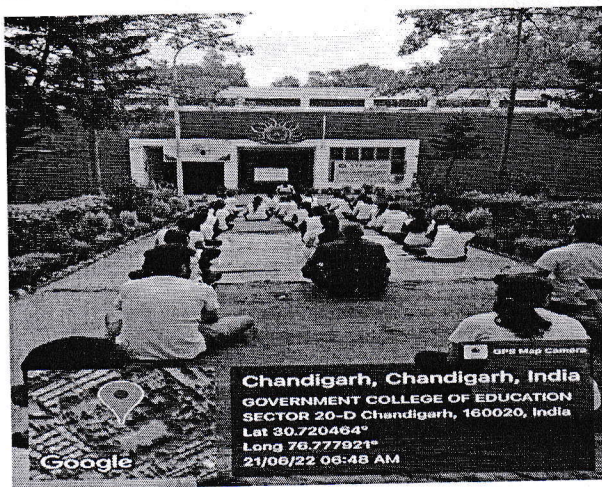
International Day of Yoga, 2022

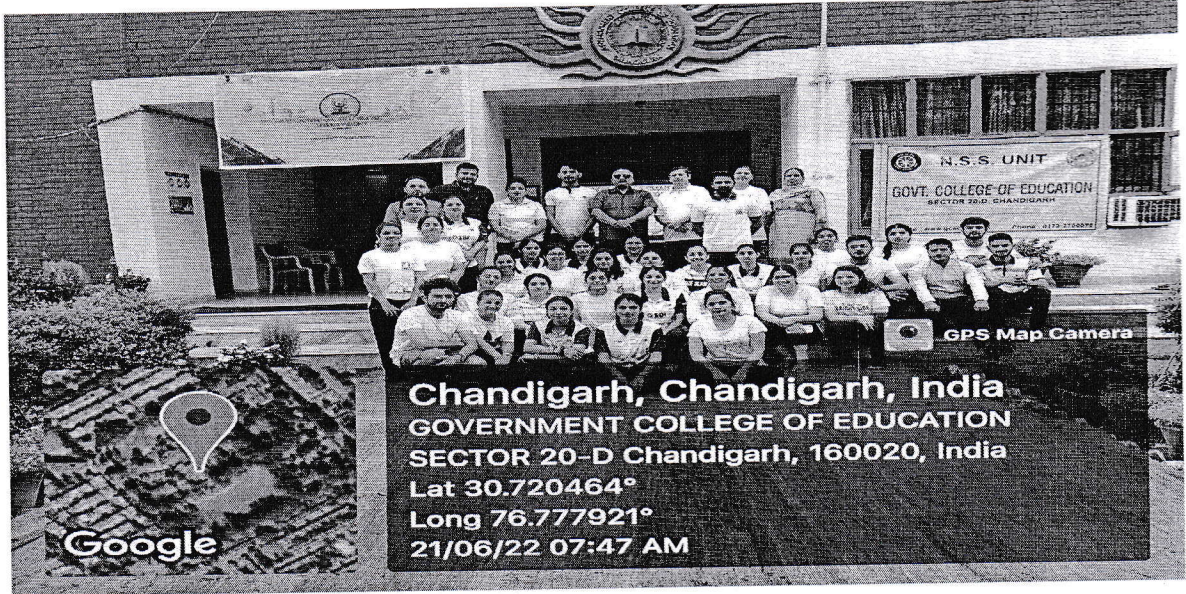
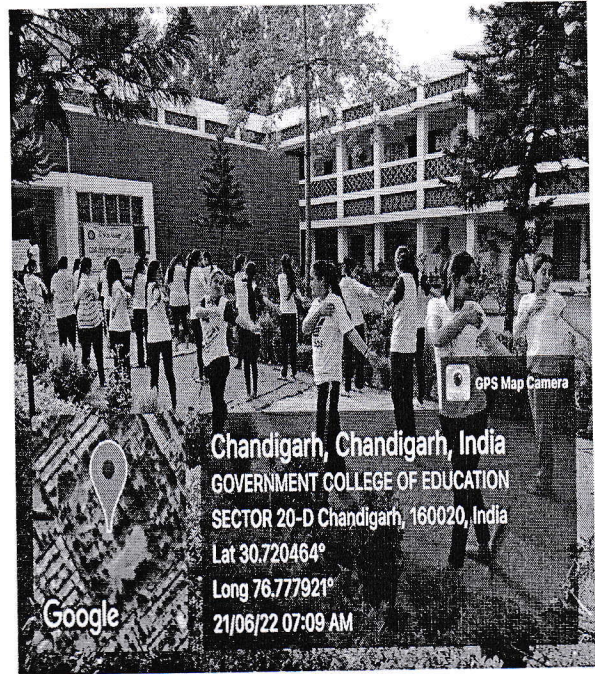
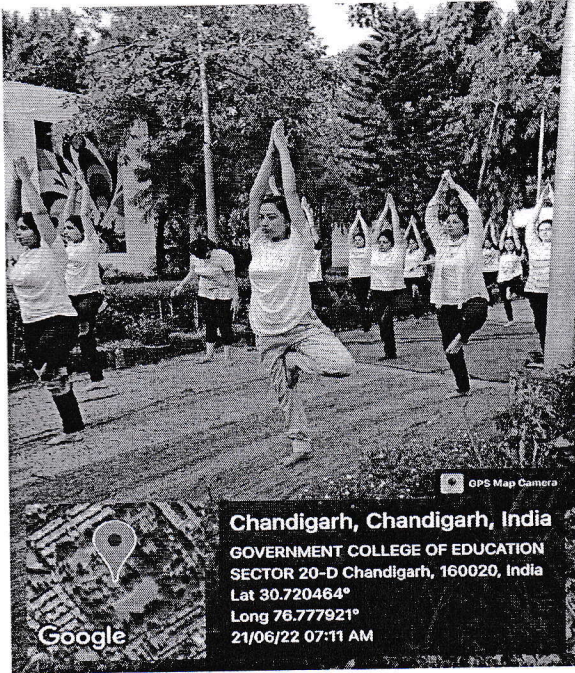
(June 21, 2022) – Report

NSS cell and Physical Education Department of Government College of Education celebrated 8th International Day of Yoga 2022 on 21st June in the college campus under the theme “**YOGA FOR HUMANITY**”. The programme was carried out as per the suggestive Minute-To-Minute programme (SOP) received from Ministry of Ayush Government of India. All the faculty members and NSS Volunteers were assembled at 5:30am in the college campus. Mr. Ravinder Kumar NSS PO formally welcomed the Principal, Faculty members and NSS volunteers. Principal Dr. A.K.Srivastava briefed about the importance of Yoga in our day to day life and motivated everyone for doing Yoga for healthy life. Dr. Neelam Paul (HOD) Phy. Edu. Dept. briefed about the programme to the faculty and students which was followed by the live streaming of Welcome Messages by various dignitaries and Address by Hon’ble Prime Minister of India. Common Yoga Protocol was followed after the Prime Ministers Address by faculty members and NSS Volunteers in which various Asanas were performed by them. Programme was

ended with National Anthem. At the end Dr. Dipanshu Sharma NSS PO presented the vote of thanks.

Glimpses:-





NSS PO

Mr. Ravinder Kumar *[Signature]*
 Dr. Dipanshu Sharma *[Signature]*

[Signature]
 Dr. Neelam Paul
 HOD, Phy. Edu

[Signature]
 Principal 21/06/22
 GCE-20-D,CHD

Website